



GRATITUDE CHECKS



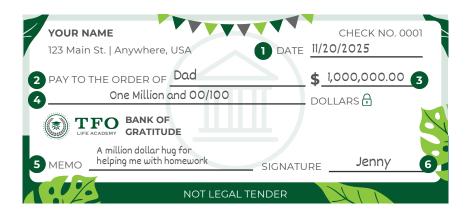
Learn how checks work while saying thanks in creative (and valuable!) ways.

A check is a promise to pay. Sometimes the payment is money, but in our Bank of Gratitude we use kindness, time, and effort instead. You'll practice writing checks—and giving thanks—by putting a value on your gratitude.

Anatomy of a Check

A check has a few important parts.

Here's how to fill them out in the Bank of Gratitude:

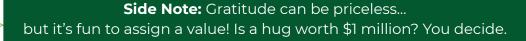


- Date
 Write today's date so the person knows when you gave your gratitude.
- Pay to the Order Of
 Write the name of the person you want to thank.
- \$ Box
 Write the dollar value in numbers.

4 Dollars Line

Write the same amount in words. **Tip:** This is great math practice—numbers AND words!

- Memo Line
 Explain what you're thankful for.
- 6 Signature
 Sign your name to show you promise to
 "pay" your gratitude.



How the Activity Works (with the new twist)

- 1. Learn Review the sample check and see how to write amounts in numbers and words.
- **2. Assign a Value** Decide how much your gratitude is "worth." (Ex: Hug = \$1 million, doing the dishes = \$5).
- 3. Write a Check Fill out the blanks, practicing both the number and longform math.
- **4. Cut & Give** Hand out your Gratitude Checks to family and friends.
- 5. Redeem Recipients can "cash" the checks whenever they want their act of thanks.

Flip this page over for your own Gratitude Checks.

Cut them out, assign values, and give them away.

Remember: a check is a promise, so be ready to deliver when someone "cashes in"!

GRATITUDE CHECKS TO CUT OUT

Tip: Assign a dollar value! Is your thank-you worth \$5, \$100, or \$1,000,000? Cleaning your room? Washing the dishes?

